

Middle School Lunch

September

Dover Town

September 2024- Lunch- NSLP

Monday

Tuesday

Wednesday

Thursday



POMPTONIAN
FOOD SERVICE
Friday

Daily Menu Specials

2
School Closed

3
Maple-Flavored
Buttermilk Pancakes
Pork Sausage Patty
Breaded Chicken Fillet
on a Bun

4
Arepa w/ Shredded
Chicken & Cabbage
Slaw
Rice & Beans
Breaded Chicken Fillet
on a Bun

5
General Tso's Chicken
Brown Rice
Plant-Based Nuggets

Dinner Roll
Breaded Chicken Fillet
on a Bun

6
Pizzeria Pizza
Breaded Chicken Fillet
on a Bun

9
Cheesesteak Hero
Popcorn Chicken
Dinner Roll
Plant-Based Nuggets

Dinner Roll

10
Chicken & Vegetable
Dumplings
Vegetable Lo Mein
Popcorn Chicken
Dinner Roll
Plant-Based Nuggets

11
Pasta w/ Meatballs
Dinner Roll
Popcorn Chicken
Dinner Roll
Plant-Based Nuggets

Dinner Roll

12
Beef Nachos
Tortilla Rounds
Popcorn Chicken
Dinner Roll
Plant-Based Nuggets

Dinner Roll

13
Pizzeria Pizza
Popcorn Chicken
Dinner Roll
Plant-Based Nuggets

Dinner Roll

16
Chicken Empanada
Rice & Beans
100% Beef Burger on
a Bun

17
Chilaquiles
Maple Waffles
Turkey Sausage Patty
100% Beef Burger on
a Bun

18
National Cheeseburger
Day
Cheeseburger on a
Bun
Homemade Baked Ziti

Dinner Roll

19
Chicken Nuggets
Dinner Roll
Plant-Based Nuggets

Dinner Roll
100% Beef Burger on
a Bun

20
Pizzeria Pizza
100% Beef Burger on
a Bun

23
Chicken Tenders
Dinner Roll
Plant-Based Tenders

Dinner Roll
Mozzarella Sticks

24
Meatball Parm. Hero

Mozzarella Sticks

25
National Quesadilla
Day
Chicken & Cheddar
Cheese Quesadilla
Local Mexican Street
Corn on Cob
Popcorn Chicken

26
Arepa w/ Shredded
Pork & Cabbage Slaw

Rice & Beans
Mozzarella Sticks
Local Gala Apple

27
Pizzeria Pizza
Mozzarella Sticks

30
Popcorn Chicken &
Mashed Potato Bowl
Dinner Roll
Plant-Based Nuggets

Dinner Roll
All-Beef Hot Dog on a
Bun

Your comments are important to us. Please email us at comments@pomptonian.com. Allergy-Aware menus are available for students with food allergies. For more information please contact your Food Service Director. At least 80% of all grains served with your meal are Whole Grain Enriched. Menu-Subject to Change

This institution is an equal opportunity provider.

A Complete Lunch Includes:
Entrée with Protein/Grain),
Trip to The Farm Stand
(students must select at least
a fruit or vegetable),
Hormone-Free Milk