

High School Lunch

September

Dover Town

September 2024- Lunch- NSLP

Monday

Tuesday

Wednesday

Thursday



POMPTONIAN
FOOD SERVICE
Friday

Daily Menu Specials

2 School Closed



3 General Tso's Chicken
Brown Rice
Chicken & Cheddar Cheese
Quesadilla
Local Mexican Street Corn on Cob

4 Popcorn Chicken & Mashed Potato
Bowl
Dinner Roll
Plant-Based Nuggets
Dinner Roll
Cheesesteak Hero

5 Baja Fish Tacos w/ Cabbage Slaw
Boneless Buffalo Wings
Dinner Roll

6 Personal Pizza
Chicken & Cheddar Cheese Burrito

9 Chicken Empanada
Rice & Beans
Chicken Parmesan on a Bun

10 Chicken & Waffles
Plant-Based Tenders & Waffles
Beef & Cheese Burrito

11 Arroz con Pollo
Brown Rice
All-Beef Hot Dog on a Bun

12 Homemade Baked Ziti
Dinner Roll
BBQ Beef Ribs on a Bun

13 Personal Pizza
Breaded Chicken Fillet on a Bun

16 Sausage, Egg & Cheese on a Kaiser
Chipotle Popcorn Chicken
Dinner Roll

17 Chilaquiles
Lasagna w/ Marinara Sauce
Dinner Roll
Pulled Pork Sandwich

18 National Cheeseburger Day
Cheeseburger on a Bun
Arepas w/ Shredded Chicken &
Cabbage Slaw
Rice & Beans
Chicken Tenders
Dinner Roll
Plant-Based Tenders
Dinner Roll

19 Homemade Beef Chili
Brown Rice
Beef & Cheese Hard-Shell Tacos
Brown Rice

20 Personal Pizza
Spicy Chicken Fillet on a Bun

23 Pollo Saltado
Brown Rice
Meatball Parm. Hero

24 Sampler Platter
Chicken & Cheddar Cheese
Quesadilla
Local Mexican Street Corn on Cob

25 National Quesadilla Day
Chicken & Cheddar Cheese
Quesadilla
Local Mexican Street Corn on Cob
Roasted Chicken Thighs
Dinner Roll
Beef Sliders on Buns

26 Four-Cheese Tortellini with Alfredo
Sauce
Dinner Roll
Beef Empanada
Rice & Beans
Local Gala Apple

27 Personal Pizza
Sloppy Joe Sandwich

30 General Tso's Chicken
Brown Rice
Sausage w/ Peppers & Onions on a
Sub Roll

Your comments are important to us. Please email us at comments@pomptonian.com. Allergy-Aware menus are available for students with food allergies. For more information please contact your Food Service Director. At least 80% of all grains served with your meal are Whole Grain Enriched.

Menu Subject to Change.

This institution is an equal opportunity provider.